HIPAA
Program Catalog

ecfirst

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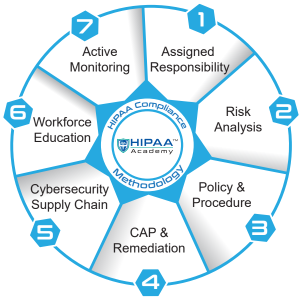
www.ecfirst.com

HIPAA
Why ecfirst?

HIPAA™ Academy | ecfirst



HIPAA *Signature* Methodology

Industry Leading HIPAA Certification Training

Updated with NPRM

CHP Certified HIPAA Professional

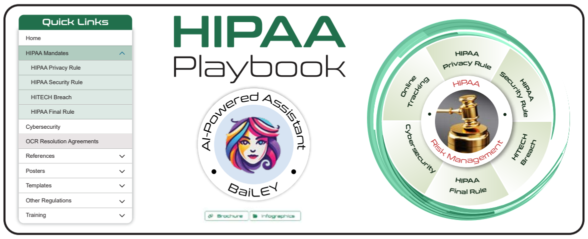
HIPAA Academy

HITRUST®

Authorized External Assessor

Delivering HITRUST Certification Since 2016

AI Powered HIPAA Playbook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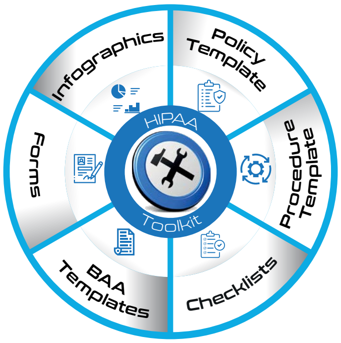
- Training

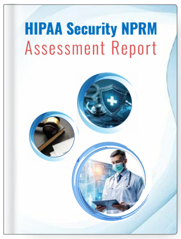
HIPAA Playbook

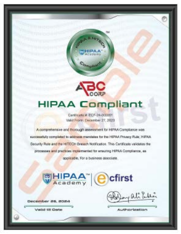


HIPAA Toolkit

www.ecfirst.biz

HIPAA NPRM Assessment




HIPAA & HITECH
HIPAA Academy
Compliant
ABC CORP
Sample

HIPAA Compliant

Certificate # ECF-24-000001

Valid From: December 27, 2023

A comprehensive and thorough assessment for HIPAA Compliance was successfully completed to address mandates for the HIPAA Privacy Rule, HIPAA Security Rule and the HITECH Breach Notification. This Certificate validates the processes and practices implemented for ensuring HIPAA Compliance, as applicable, for a business associate.

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December 26, 2024

Valid till Date

Authorization

HIPAA Compliance Attestation

Risk Assessment

HIPAA | NIST Cybersecurity Framework 2.0
Online Tracking | Cyber Assessment | Pen Test

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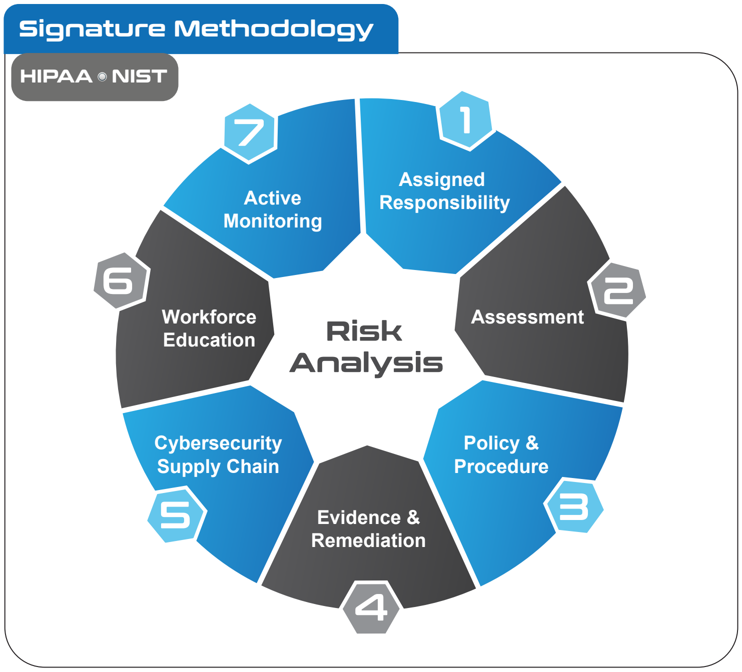
Every organization must conduct a thorough and comprehensive assessment of the potential risk and vulnerability to the confidentiality, integrity, and availability of all PII.

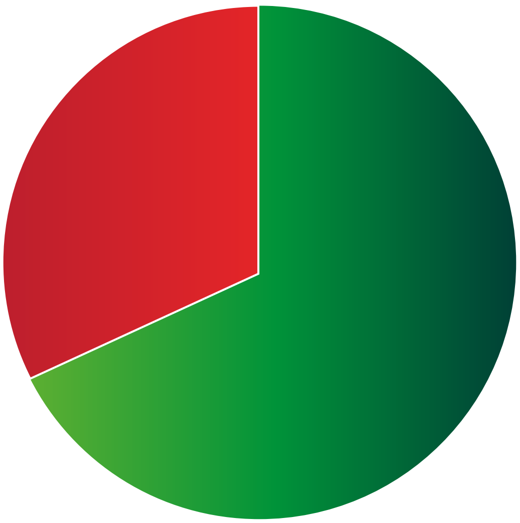
HIPAA Mandates

Grade	Security Rule
D	Administrative Safeguards
F	Physical Safeguards
A	Technical Safeguards
B	Organizational Requirements
F	Policies, Procedures, and Documentation
	Privacy Rule
B	Administrative Requirements
A-	Uses and Disclosures
	Breach Notification
C	Reporting

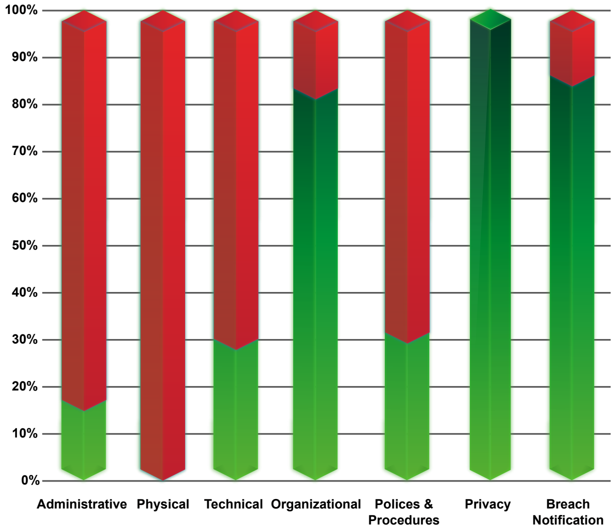
Signature Methodology



Compliance Status



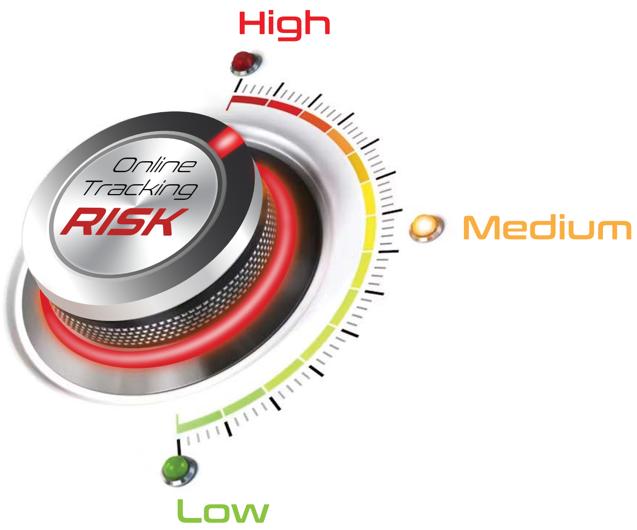
Implementation Specifications



🟩 Met 🟥 Not Met

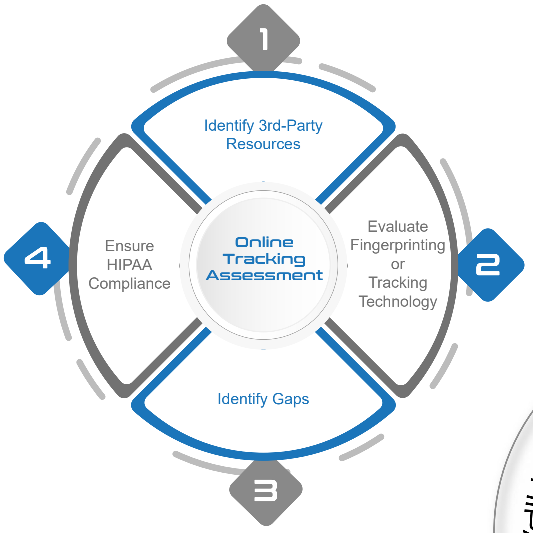
Online Tracking Assessment

HIPAA™ Academy | ecfirst



Use of Online Tracking Technologies by HIPAA Covered Entities and Business Associates

> "Regulated entities are not permitted to use tracking technologies in a manner that would result in impermissible disclosures of PHI to tracking technology vendors or any other violations of the HIPAA Rules."


1
Identify 3rd-Party Resources
2
Evaluate Fingerprinting or Tracking Technology
3
Identify Gaps
4
Ensure HIPAA Compliance
Online Tracking Assessment

Online Tracking • $47.5 M Settlement • Dec 2, 2025 • HIPAA Compliance

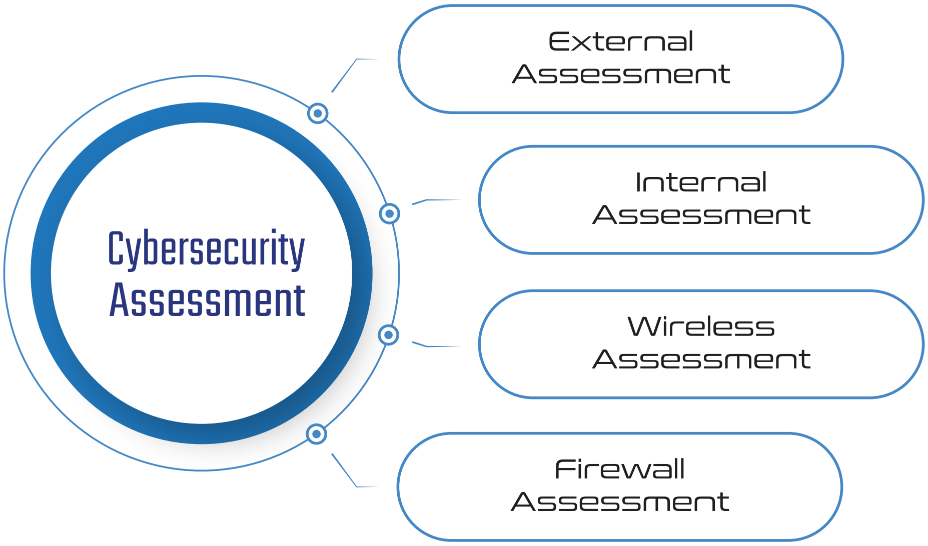
Online Tracking • $9.25 M Settlement • July 25, 2025 • HIPAA Compliance

Online Tracking • $875,000 Settlement • July 16, 2025 • HIPAA Compliance

Online Tracking • $3 M Settlement • July 10, 2025 • HIPAA Compliance

Online Tracking • $1.8 M Settlement • Dec 6, 2024 • HIPAA Compliance

Cybersecurity Assessment



External Assessment

- AI-assisted open-source intelligence gathering
- DNS misconfiguration review
- Publicly leaked credentials search
- Anonymous external vulnerability scanning
- Website security testing (OWASP Top 10)

Wireless Assessment

- Facility walkthrough for rogue wireless networks
- Wireless security settings & Pre-Shared Key strength analysis

Internal Assessment

- Authenticated vulnerability scans of internal systems
- Identity & Access Management (Active Directory review)
- Password policy & strength analysis
- Offline password cracking attempts using a custom wordlist
- SNMP and default credential testing
- Security software enumeration

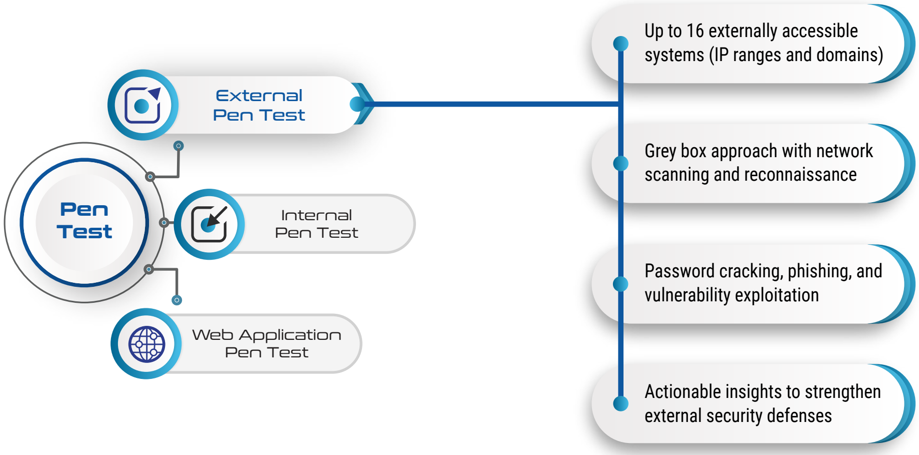
Firewall Assessment

- OS vulnerability analysis
- Security configuration & rule review

CYBERSECURITY ASSESSMENT SCOPE	TITANIUM	PLATINUM	GOLD	SILVER	BRONZE
External Assessment	✓ Customized	✓	✓	✓	✓
Internal Assessment	✓ Customized	✓	✓	✗	✗
Firewall Assessment	✓ Customized	✓	✓	✓	✗
Wireless Assessment	✓ Customized	✓	✗	✗	✗
Detailed Analysis	✓	✓	✓	✓	✗
Corrective Action Plan (CAP)	✓	✓	✓	✗	✗
Detailed Remediation Steps	✓	✓	✓	✗	✗
Executive Brief	✓	✓	✗	✗	✗

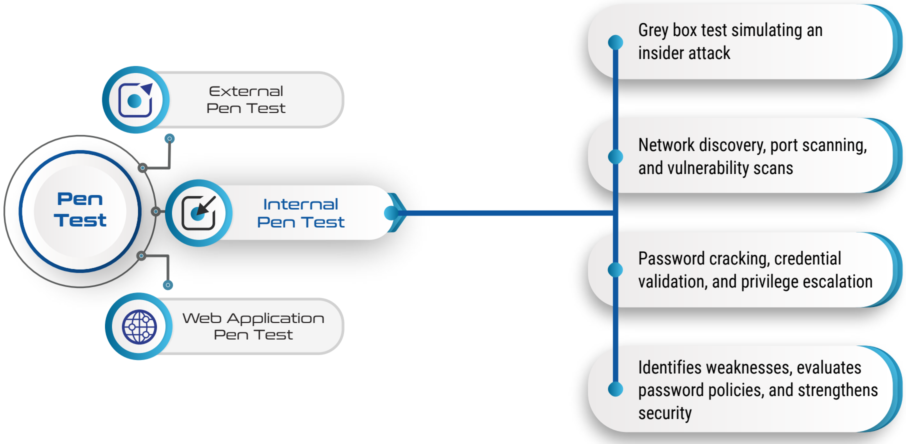
Penetration(Pen) Testing

External Pen Test



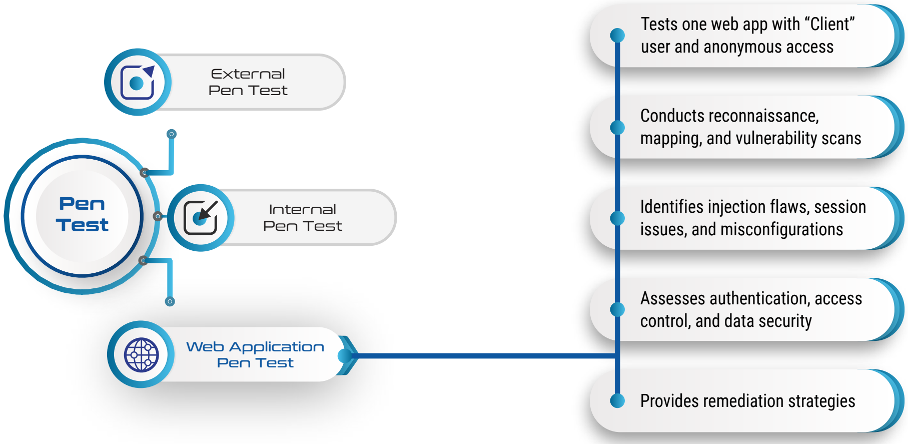
- Up to 16 externally accessible systems (IP ranges and domains)
- Grey box approach with network scanning and reconnaissance
- Password cracking, phishing, and vulnerability exploitation
- Actionable insights to strengthen external security defenses

Internal Pen Test



- Grey box test simulating an insider attack
- Network discovery, port scanning, and vulnerability scans
- Password cracking, credential validation, and privilege escalation
- Identifies weaknesses, evaluates password policies, and strengthens security

Web Application Pen Test



- Tests one web app with "Client" user and anonymous access
- Conducts reconnaissance, mapping, and vulnerability scans
- Identifies injection flaws, session issues, and misconfigurations
- Assesses authentication, access control, and data security
- Provides remediation strategies

HIPAA
Toolkit Package

ecfirst

Policy Template

Procedure Template

Plan Template

Checklists

- HIPAA Privacy
- HIPAA Security
- HITECH Breach
- HIPAA Security Rule
- HIPAA Business Associate
- Encryption
- Multi-Functional Devices
- Security Audit Readiness
- Vulnerability Assessment
- Application Security
- Secure Text Messaging

BAA Templates

- Business Associate → Business Associate
- Covered Entity → Business Associate

Mappings

- HIPAA → ISO 27001
- HIPAA → NIST Cybersecurity Framework
- HIPAA → NIST SP 800-171r2
- HIPAA → NIST SP 800-53r5
- HIPAA → PCI DSS

Forms

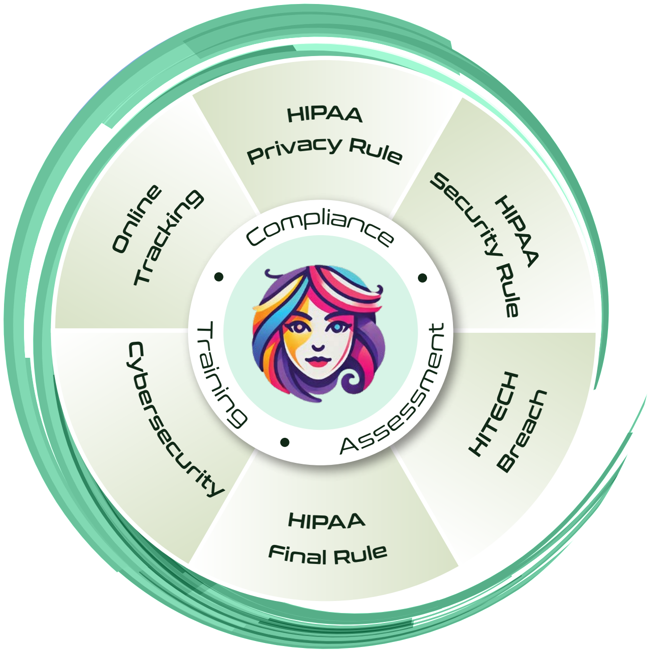
- Breach Log
- Change Management
- Media Chain of Custody
- HIPAA Privacy
- HIPAA Security
- Authorization for Release of PHI

Infographics

- HIPAA and 42 CFR Part 2
- HIPAA Fines
- HIPAA for Covered Entities
- HIPAA for Business Associate
- HIPAA Safe Harbor

Quick Reference Cards (QRC)

- HIPAA
- HIPAA Terminology
- HIPAA Privacy Rule
- HIPAA Security Rule
- HIPAA Final Rule
- HITECH Act



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  - HIPAA Security Rule
  - HIPAA Security NPRM
  - HITECH Breach
  - HIPAA FAQ
- Cybersecurity
- OCR Resolution Agreements
- Ransomware Guidance
- References
- Posters
- Templates
- Training
- Other Regulations

HIPAA Privacy Rule

HIPAA Security Rule

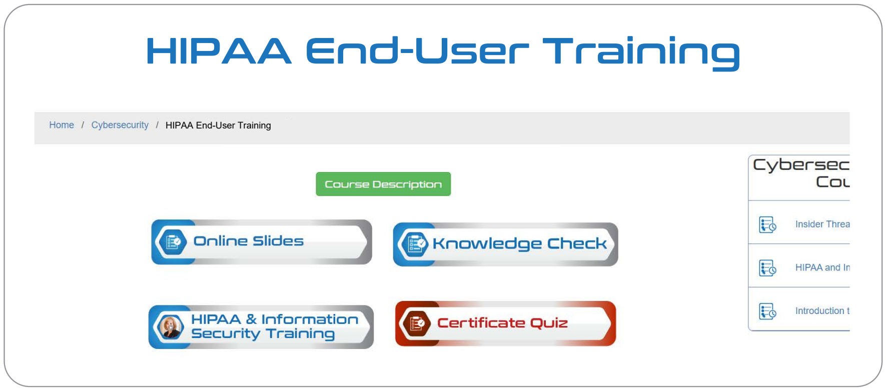
HIPAA Security NPRM

HITECH Breach

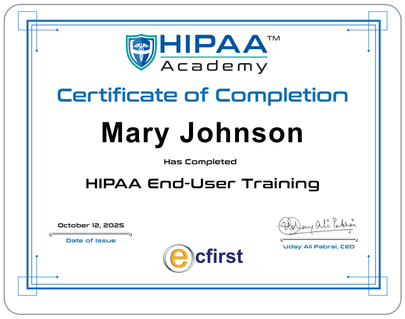
HIPAA End-User Package

- End-to-end training content covering HIPAA Privacy, HIPAA Security, HITECH Breach, the HIPAA Final Rule, and more
- Practice quiz to emphasize important concepts
- HIPAA End-User Certificate Exam
- Several sample documents for reference including HIPAA quick reference cards, flash cards, and more

HIPAA™ Academy Portal



HIPAA End-User Training



HIPAA™ Academy

Certificate of Completion

Mary Johnson

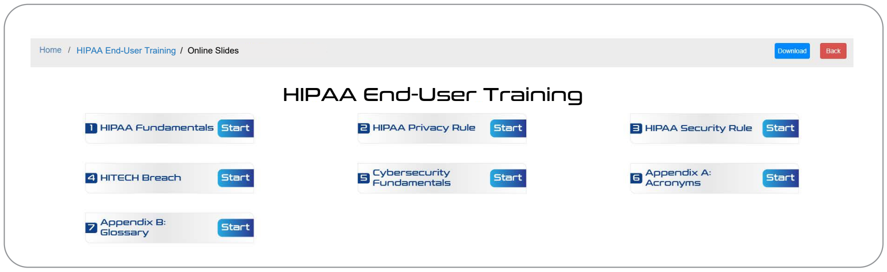
Has Completed

HIPAA End-User Training

October 12, 2025
Date of Issue

Uday Ali Pabrai, CEO

ecfirst



HIPAA End-User Training

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3 HIPAA Security Rule Start
4 HITECH Breach Start
5 Cybersecurity Fundamentals Start
6 Appendix A: Acronyms Start
7 Appendix B: Glossary Start

CHP Certified HIPAA Professional
HIPAA Academy

CEU 16 Hours

Healthcare Industry's First & Leading HIPAA Credential

- Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- Understand HIPAA Safe Harbor

CEU 16 Hours

The Industry's First Program Focused on Compliance & Cybersecurity Mandates

- Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
- Evaluate America's standard for compliance: NIST guidance and special publications
- Understand U.S. state government information security mandates (e.g. Texas, California, New York, and others)
- Explore best practices to build a credible compliance and cybersecurity program

CSCS™
CERTIFIED SECURITY COMPLIANCE SPECIALIST

CCSA℠
Certified Cyber Security Architect

CEU 8 Hours

An Executive Cybersecurity Program

- Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- Walk through core components, organization, and CMMC Levels
- Review encryption implementation across the enterprise to mitigate business risk
- Examine NIST guidance for AI Risk Management

CEU 8 Hours

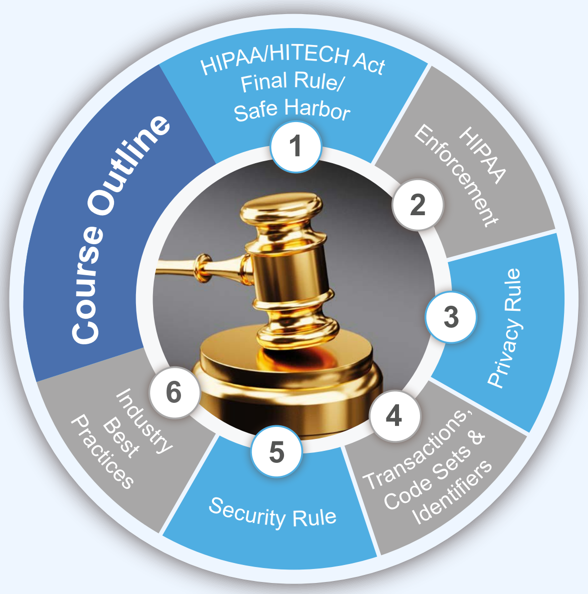
An Executive CMMC Program

- Identify and apply official CMMC implementation and assessment guidance
- efine scope by identifying CUI systems and mapping assets to workflows for compliance
- Maintain an SSP outlining control responsibilities and provide evidence to validate implementation during assessment
- Manage and sustain CMMC compliance through continuous governance

CMMC
For Executives

Healthcare Industry's First & Leading HIPAA Credential

HIMSS Approved Education Partner | CEU 16 Hours


Course Outline
1 HIPAA/HITECH Act Final Rule/ Safe Harbor
2 HIPAA Enforcement
3 Privacy Rule
4 Transactions, Code Sets & Identifiers
5 Security Rule
6 Industry Best Practices

> “**Precise**, **informative**, and **well-structured** HIPAA content. Would love to recommend ecfirst.”

What's in it for you?

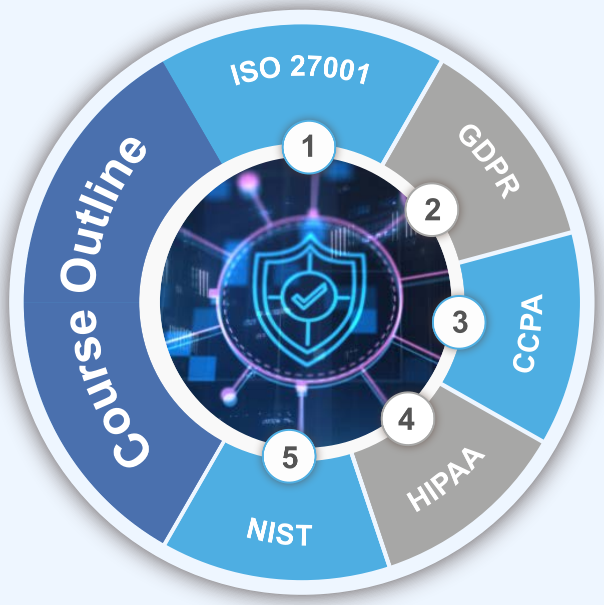
- Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- Understand HIPAA Safe Harbor

Digital Badge

ecfirst also offers a Digital Badge with your certification. There is no fee for this service and acceptance is totally up to you.

The Industry's First Program Focused on Compliance and Cybersecurity Mandates

HIMSS APPROVED EDUCATION PARTNER | CEU 16 Hours



> **Global perspective, extensive coverage** of cyber mandates. **Excellent updates** on key security regulations.

What's in it for you?

- Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
- Evaluate America's standard for compliance: NIST guidance and special publications
- Understand U.S. state government information security mandates (e.g. Texas, California, New York, and others)
- Explore best practices to build a credible compliance and cybersecurity program

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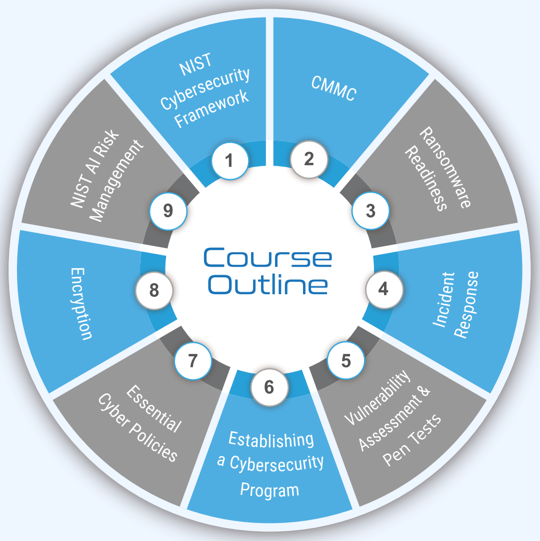
An Executive Cybersecurity Program

HIMSS APPROVED EDUCATION PARTNER | CEU 8 Hours


Course Outline
1 NIST Cybersecurity Framework
2 CMMC
3 Ransomware Readiness
4 Incident Response
5 Vulnerability Assessment & Pen Tests
6 Establishing a Cybersecurity Program
7 Essential Cyber Policies
8 Encryption
9 NIST AI Risk Management

> “**Comprehensive cybersecurity program**. Excellent coverage of the NIST Cybersecurity Framework, CMMC & more. **Relevant scenarios & policies covered**, including encryption & ransomware.”

What's in it for you?

- Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- Walk through core components, organization, and CMMC Levels
- Review encryption implementation across the enterprise to mitigate business risk
- Examine NIST guidance for AI Risk Management

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AULTMAN

“ I’ve worked with ecfirst for 5 years under a multiyear contract, and they’ve consistently delivered timely work, prompt responses, clear updates, and overall excellent support—Aultman is very satisfied with their services. ”

BrightOutcome

“ ecfirst has been our trusted partner for over a decade, helping us with HIPAA/HITECH policies, procedures, risk assessments, and expert guidance. We are now partnering with their team to extend our policies to include NIST, FERPA, and FISMA. They are prompt, reliable, and consistently deliver on time — a 10 out of 10 in my experience. I’m extremely satisfied with ecfirst, which is why we’ve sustained a decade-long partnership. ”

BRG
Berkeley Research Group

“ BRG leveraging their expertise for annual risk management and HIPAA compliance assessments, HITRUST certification, and emergency incident response support. Their responsiveness is exceptional, and they consistently meet or exceed project timelines. With the highest level of satisfaction, we consider ecfirst at the very top of our trusted business partner list. ”

bentek
BENEFITS TECHNOLOGY

“ ecfirst team is highly responsive and consistently delivers as outlined, with clear expectations and thorough communication before, during, and after each engagement. Their audits and reports are always thorough, effective, and timely, and I rely on them as the foundation for follow-up SOC2 audits. I greatly trust ecfirst’s expertise. ”

"Comprehensive HIPAA course manual and content resources."

Informative

Exceptional instructor

Well-crafted HIPAA program

Eye opening compliance resources

References

Extensive library of practice quizzes

Coverage of OCR HIPAA fines

Well-organized training

Comprehensive

"In-depth HIPAA program that covers Privacy, Security, Breach and more."

"Provided important information for managing HIPAA Compliance."

"Well organized presentation with a strong scope of knowledge."

"Insightful HIPAA Program and positive learning experience."

"Resources for HIPAA compliance/breach material was eye opening."

Learned a lot

Global coverage of topics

Excellent CSCS Academy Portal

Content focus applicable across industries

References

Complex topic made understandable

Refresher for cyber regulations

Tons of valuable information

Very relevant content

> “Highly informative and relevant—one of the best training programs I've attended.”

> “Excellent material, exceptional presentation, and awesome case studies.”

> “Good information and materials to elevate our compliance program.”

> “Covered important frameworks and laws in cybersecurity.”

> “CSCS Course was invaluable for building our compliance and security program.”

> “Instructor made a complex topic more understandable. Highly recommended.”

"I appreciated the examples and scenarios that brought the material to life."

I loved the training

Prepared me for exam

Privileged to participate

Excellent introduction to NIST

References

Clear concise and to the point

Well organized and informative

CMMC was well covered

Great course!

"The training provided clarity on complex cloud compliance issues."

"Very knowledgeable instructor, provided timely and relevant examples and resources."

"Great overview of cloud security with real-world relevance."

"A crash course covering cybersecurity assessment, NIST and more."

"The training was point on for the core material."