



# DESIGNING AND CONDUCTING USER STUDIES

What is behind your  
eyes holds more  
power than what is  
in front of them.

Gary Zukav

*MODULE 4:*

*When and how to apply Eye Tracking*



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# EYE TRACKING – APPLICATION DOMAINS

- Usability research
  - Software, websites, etc.
- Virtual reality and simulators
- Psychological research
  - Brain imaging, reading, visual search, scene perception, etc.
- Marketing/advertising
  - Print advertising, ad placement, product label design
- Computer science
  - Eye based interaction

# WHAT IS EYE TRACKING?

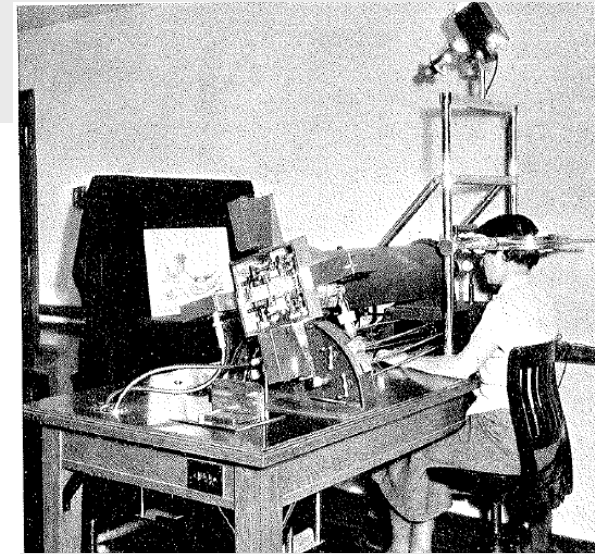
- Tracking the user's eye movements
  - Sampling rate (times/second)
  - Current location of eyes on screen/picture/etc.
  - (x,y,t) → 'raw data'
- Metrics and measurements
  - Deriving meaningful metrics from raw data
    - fixations, saccades, smooth pursuit*
- Stimuli and tasks?
  - Medium: paper, screen, etc. ?
  - Subject: VR, websites, simulators, maps, etc.
  - Analysis: qualitative, quantitative, visual, statistical, etc.

| Time        | Type | Trial | L POR X [px] | L POR Y [px] |
|-------------|------|-------|--------------|--------------|
| 15256356851 | SMP  | 1     | 589,64       | 590,82       |
| 15256365267 | SMP  | 1     | 586,6        | 587,1        |
| 15256373592 | SMP  | 1     | 824,04       | 396,63       |
| 15256390210 | SMP  | 1     | 589,08       | 584,7        |
| 15256398588 | SMP  | 1     | 592,91       | 580,93       |
| 15256406933 | SMP  | 1     | 588,32       | 578,83       |
| 15256423568 | SMP  | 1     | 594,35       | 580,26       |
| 15256431942 | SMP  | 1     | 594,57       | 579,7        |
| 15256440305 | SMP  | 1     | 598,26       | 575,05       |
| 15256448557 | SMP  | 1     | 598,33       | 571,11       |
| 15256456954 | SMP  | 1     | 597,96       | 569,4        |
| 15256465310 | SMP  | 1     | 597,92       | 571,55       |
| 15256481930 | SMP  | 1     | 600,35       | 570,2        |
| 15256490314 | SMP  | 1     | 601,55       | 571,8        |
| 15256498681 | SMP  | 1     | 603,14       | 568,78       |

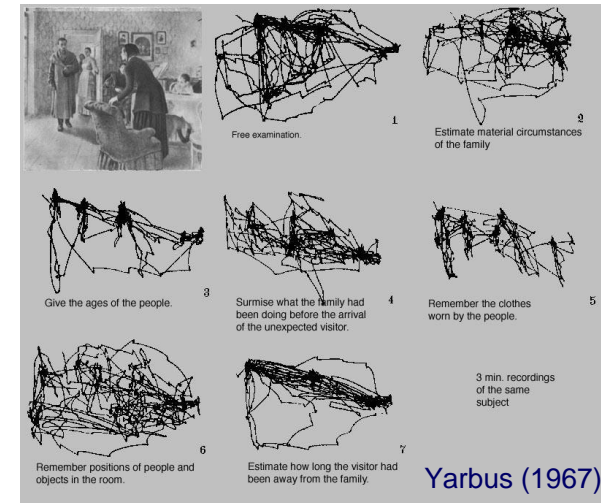


# ... A LITTLE BIT OF HISTORY

- Earliest research: 1880 – 1920
  - Basis facts about eye movement discovered
- Phase with more applied focus, little research
  - Buswell: “How people look at pictures” (1935)
  - Tinker (1946)
    - *Cannot learn much from eye tracking data*
    - *Limits of technology*
  - Fitts et. al (1950)
    - *Study eye movements of pilots in cockpit*
    - *First use in usability engineering*
- Clear visualization of eye movements
  - Yarbus (1967)
  - Shows importance of eye movement recordings



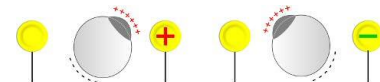
Source: [http://psych.wfu.edu/art\\_schirillo/articles/Buswell,%201935.pdf](http://psych.wfu.edu/art_schirillo/articles/Buswell,%201935.pdf)





# EYE TRACKING ... TECHNIQUES

- Eye tracker: device for measuring eye movements
  - Two types of eye movement techniques
    1. *Measure position of the eye relative to the head*
    2. *Measure orientation of the eye in space*
      - “point of regard”
      - *Most suited for graphical and interactive applications*
  - Four categories of eye tracking methodologies
    1. *Electro-OculoGraphy (EOG) (mid '70)*
    2. *Scleral contact lens/search coil (earliest)*
    3. *Photo-OculoGraphy (POG) or Video-OculoGraphy (VOG)*
    4. *Video-based combined pupil and corneal reflection (currently most used methodology)*



# EYE TRACKING ... TECHNIQUES

- Video-based combined pupil and corneal reflection



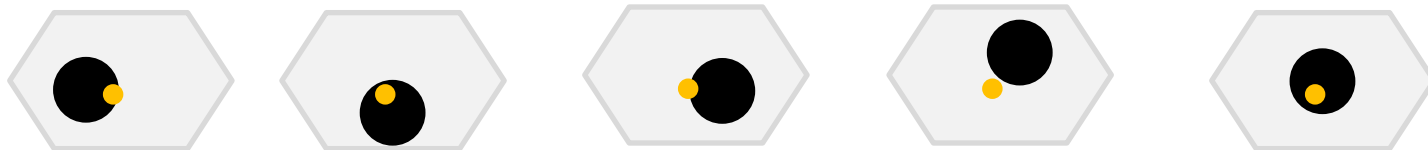
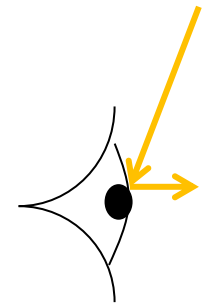
# EYE TRACKING ... TECHNIQUES



- Video-based combined pupil and corneal reflection
  - Gives 'point of regard' (POR) measurements!
    - Head must be in a fixed position, or
    - multiple ocular features must be measured:
      - *corneal reflection*
      - *pupil center*



- Corneal reflections (from infra-red light source)
  - Purkinje reflections or images
  - Eye rotations: relative positional difference with pupil center
  - Appropriate calibration: determining user's POR



# ... DEMO ...

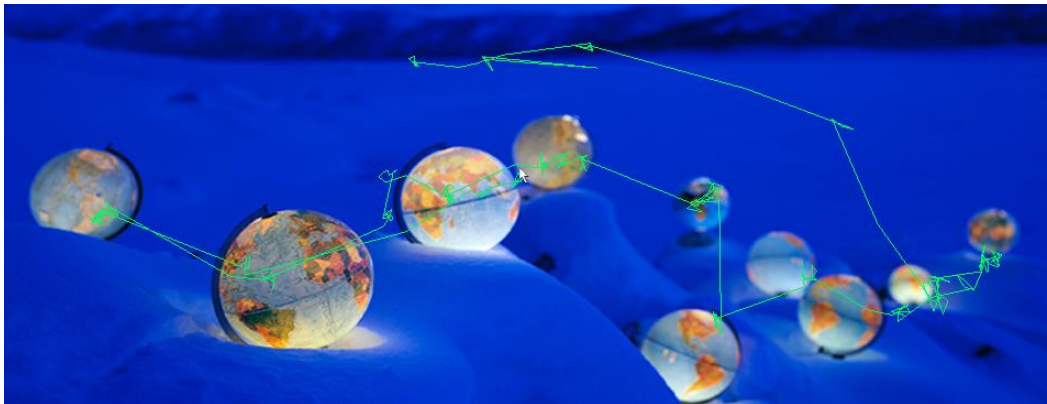
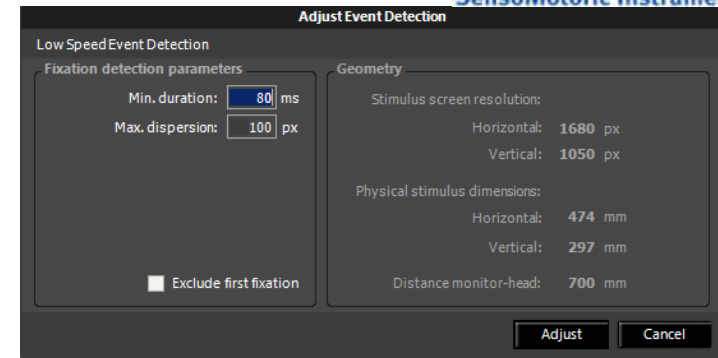
- Measurements:
  - Points Of Regard at certain sampling rate
    - *Calibration!*
    - *x, y: screen coordinates*
    - *Timestamp*
    - *Huge amount of 'raw data'*
  - Deriving metrics:
    - Fixations, Saccades, (Smooth Pursuit)





# ...DEMO...

- Raw eye movements vs. fixations
  - Example dataset SMI 120Hz
  - Example in OGAMA
    - 60 Hz



# METRICS & MEANING

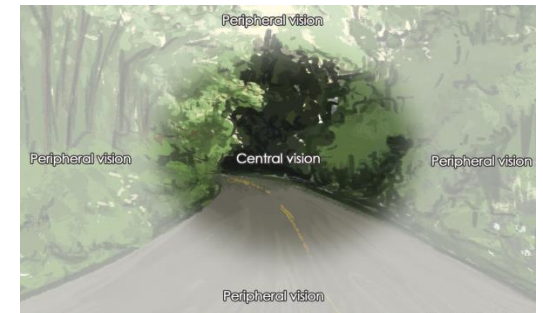
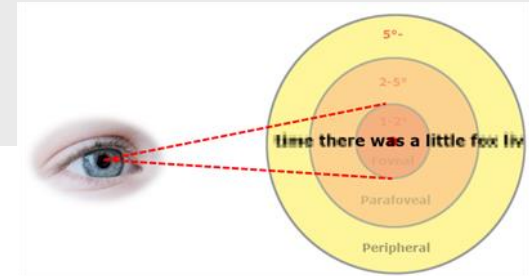
- Metrics → meaning?

- Link eye movements - attentive behavior
  - *Can shift attention without movement of the eyes!*
  - *Central and peripheral vision*
  - *Attention precedes a saccade to a certain location*
  - *Complex task → link is very tight*

- *Need of peripheral vision*



- *Need of attention*



Entire Visual Field in One Eye

# METRICS & MEANING

## THE ATTENTION TEST

# METRICS & MEANING

1234  
A B C

- Metrics → meaning?
  - Link eye movements - attentive behavior
  - Data Interpretation



Top-down Modulation  
(internally-driven attention)

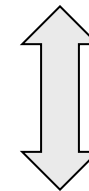


Perception



(externally-driven attention)  
Bottom-up processing

“Information processing is guided by **higher level mental processes**. When we construct our perception drawing on our **past experiences and expectations**”



“The most **basic sensation and perception**. Entry Level” sensory analysis”

# METRICS & MEANING

The forest has eyes



# METRICS & MEANING

## References:

- Book of Holmqvist et. al (2011)
- Jacob & Karn (2003)
  - *20 different usability studies*
  - *Most commonly used metrics:*
    - *Number of fixations, overall*
    - *Gaze % (proportion of time) on each of the AOIs*
    - *Fixation duration mean, overall*
    - *Number of fixations on each of the AOI*
    - *Gaze duration mean, on each of the AOI*
    - *Fixation rate, overall (fixation/saccades)*



# METRICS & MEANING

## ■ Related to Fixations *(Overview by Poole & Ball, 2005)*

| Eye-Movement Metric   | What it Measures   | Reference                |
|---|--|--------------------------|
| Number of fixations overall                                 | More overall fixations indicate less efficient search (perhaps due to sub-optimal layout of the interface).  | Goldberg & Kotval (1999) |
| Fixations per area of interest                              | More fixations on a particular area indicate that it is more noticeable, or more important, to the viewer than other areas.  | Poole et al. (2004)      |
| Fixations per area of interest and adjusted for text length | If areas of interest are comprised of text only, the mean number of fixations per area of interest should be divided by the mean number of words in the text. This is necessary to separate out: (i) a higher fixation count simply because there are more words to read, from (ii) a higher fixation count because an item is actually harder to recognise. | Poole et al. (2004)      |
| Fixation duration   | A longer fixation duration indicates difficulty in extracting information, or it means that the object is more engaging in some way.   | Just & Carpenter (1976)  |



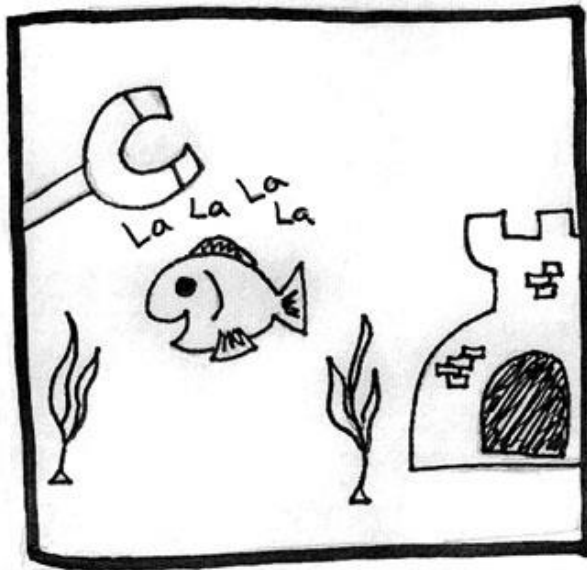
# METRICS & MEANING

- Related to Saccades *(Overview by Poole & Ball, 2005)*

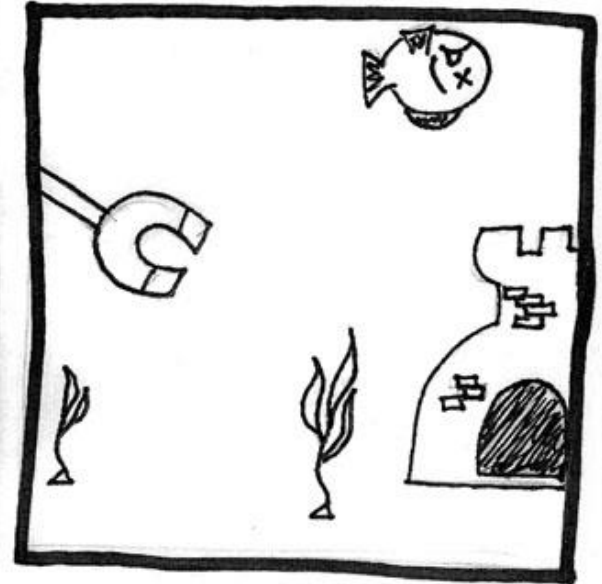
| Eye-Movement Metric                          | What it Measures   | Reference                |
|--|--|--------------------------|
| Number of saccades                           | More saccades indicate more searching.   | Goldberg & Kotval (1999) |
| Saccade amplitude                            | Larger saccades indicate more meaningful cues, as attention is drawn from a distance.  | Goldberg et al. (2002)   |
| Regressive saccades (regressions)            | Regressions indicate the presence of less meaningful cues.   | Sibert et al. (2000)     |
| Saccades revealing marked directional shifts | Any saccade larger than 90 degrees from the saccade that preceded it shows a rapid change in direction. This could mean that the user's goals have changed or the interface layout does not match the user's expectations. | Cowen et al. (2002)      |

# STUDY DESIGN

## The Importance of Experimental Design



Let's see if the subject responds to magnetic stimuli... ADMINISTER THE MAGNET!



Interesting...there seems to be a significant decrease in heart rate. The fish must sense the magnetic field.

# STUDY DESIGN

## ■ Stimuli

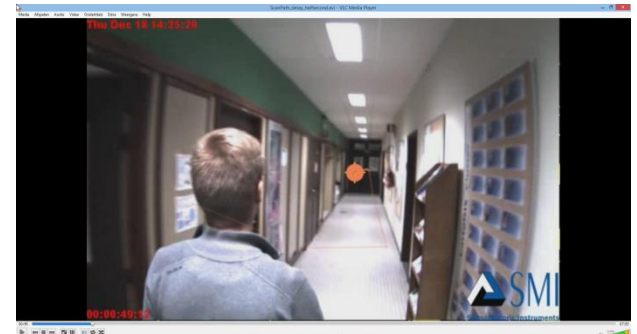
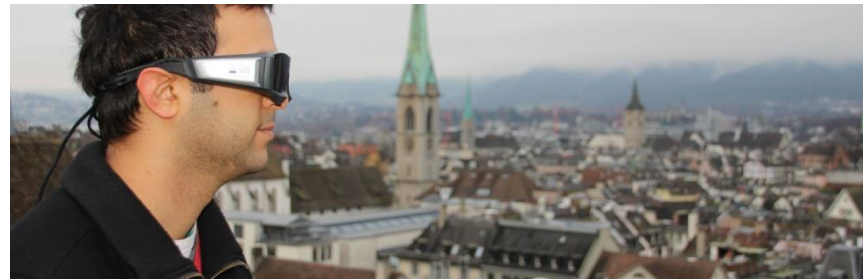
- *Static vs. interactive*
- *Picture vs. video*
- *In the field*

- *Dimensions*

- *(Virtual) Environment → Projection → Monitor → Mobile applications*

- Evaluate characteristics of stimuli

- Different designs
- !!!Learning effect → multiple groups of users



# STUDY DESIGN



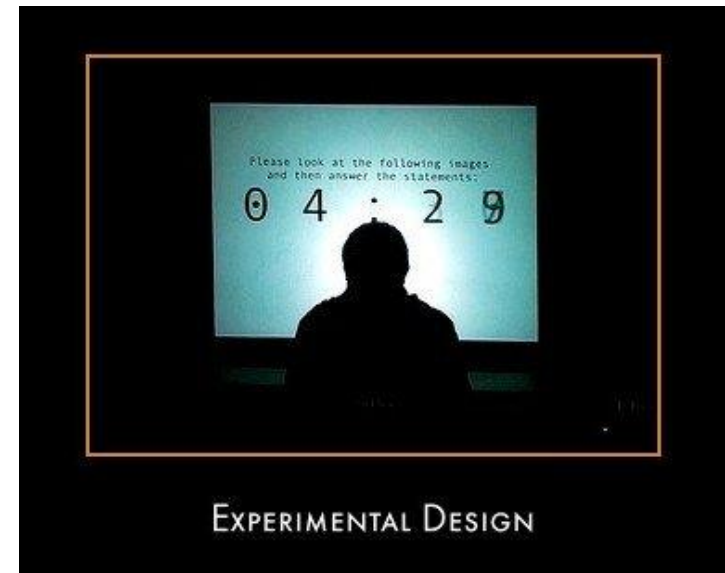
## ■ Tasks

- Realistic
  - What are users normally expected to do?



## • Examples

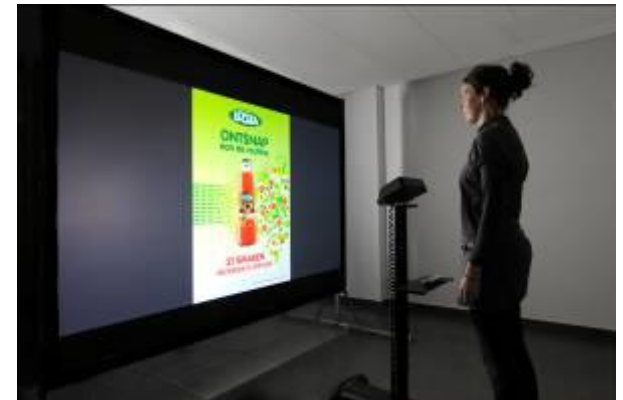
- Free viewing
- Visual search
- Solve problem based on stimuli
- Task in application



# STUDY DESIGN

- System / Aparatus

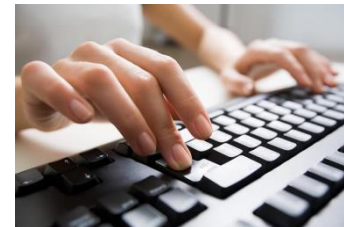
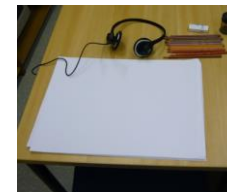
- » *Chin rest, remote, stand alone, mobile*
- » *Accuracy, environment, display options, stimuli, etc.*



# STUDY DESIGN

## Other methods

- Qualitative vs. Quantitative
- Questionnaires
- Thinking aloud
- Response time measurements
- Sketching
- Scoring
- Mouse & keyboard logging
- Observation
- Interview
- EEG
- ...



# STUDY DESIGN

## ■ Software

- *Setting up experiment*
- *Recording data*
- *Interpretation 'raw' data*
- *Analyses*
  
- *Vendor specific*
- *Open Source*
  
- *Statistical Packages*
  
- *Spatial analyses*

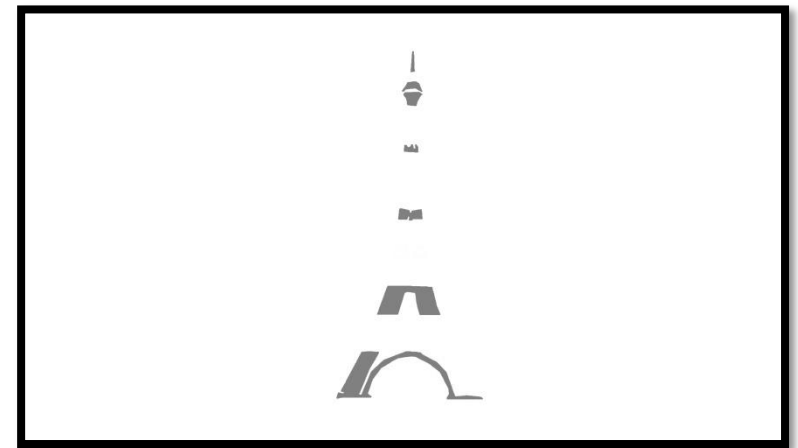
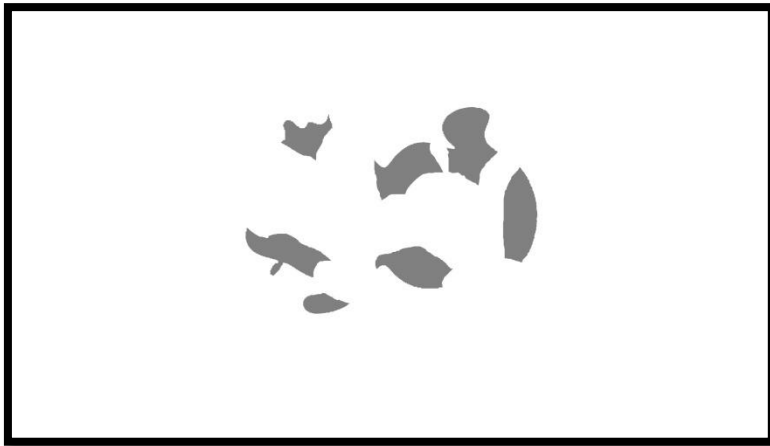


EyeMMV toolbox



# ... DEMO ...

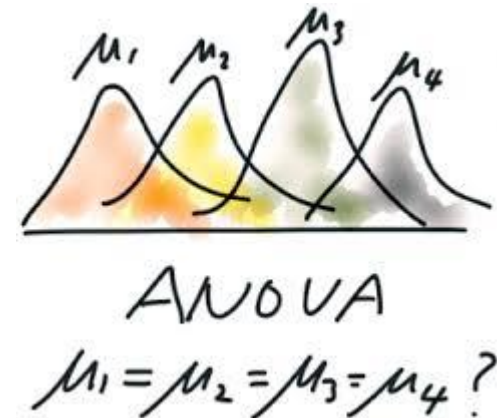
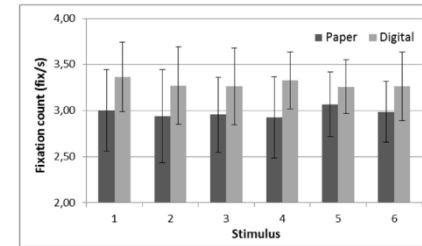
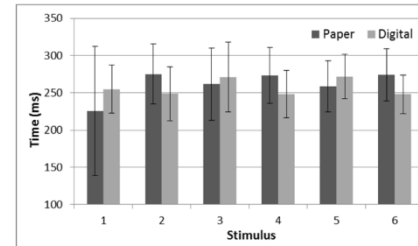
## ■ Study Gestalt



# ANALYSES

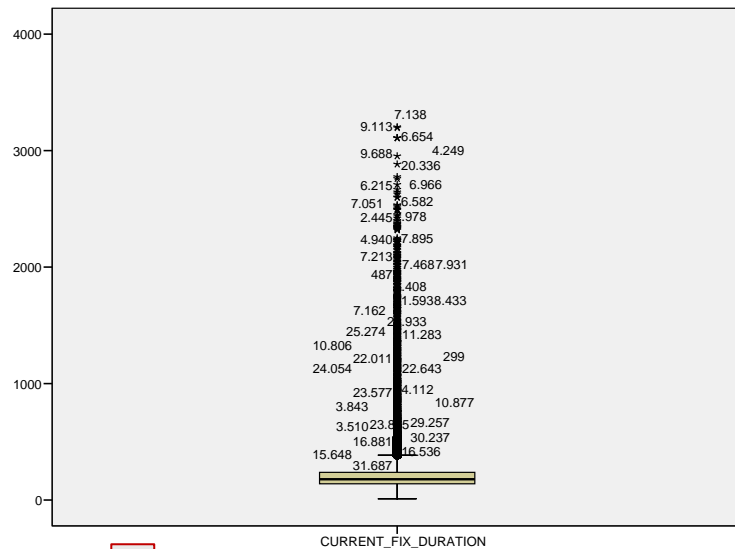
Measurements → Metrics → Results → Conclusion

- Select relevant metrics
  - Dependent on null-hypothesis
- Quantitative analysis
  - Dependent vs independent factors
  - Statistical analysis

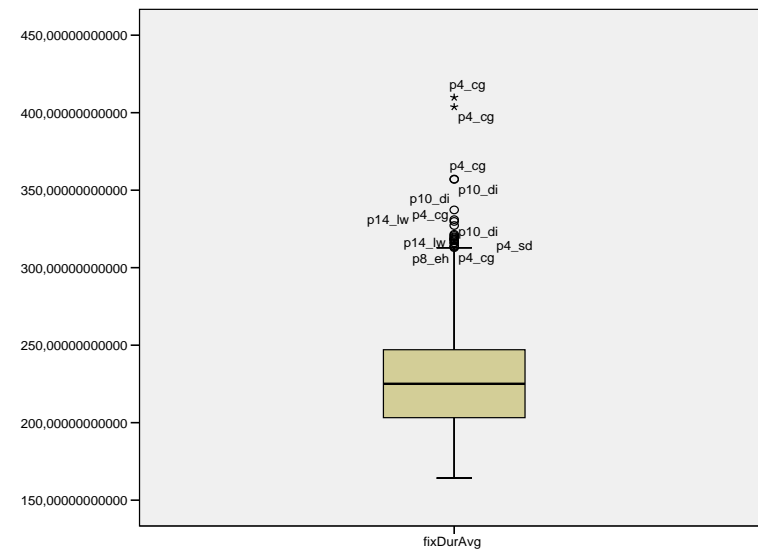


# ANALYSES

- Measurements → Metrics → Results → Conclusion
  - Quantitative analysis
    - Normal distribution?



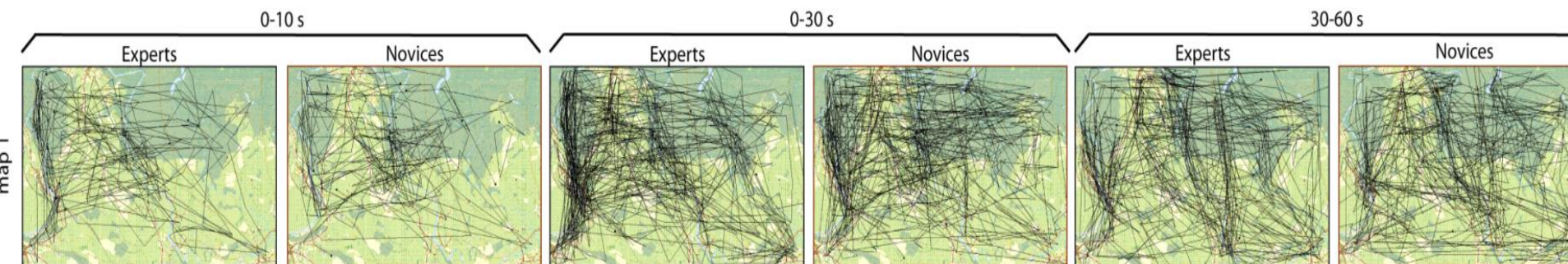
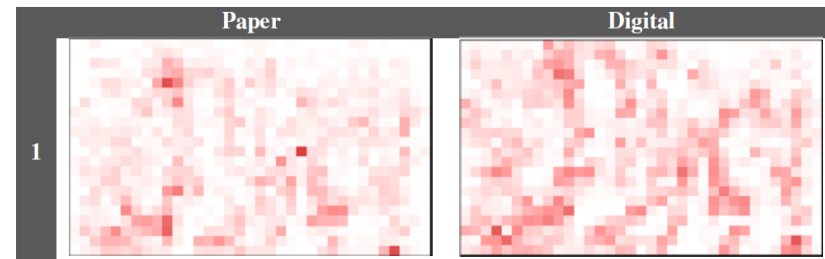
Calculate average  
per person/  
Stimulus/trial



Non-parametric tests

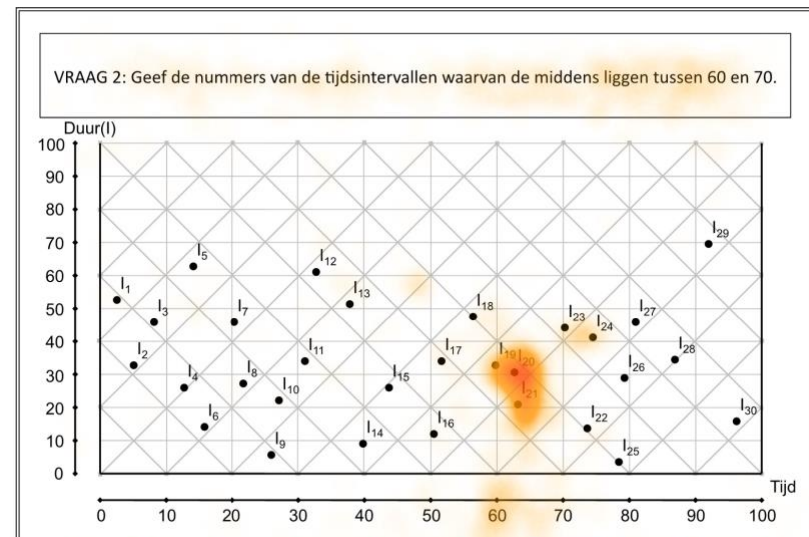
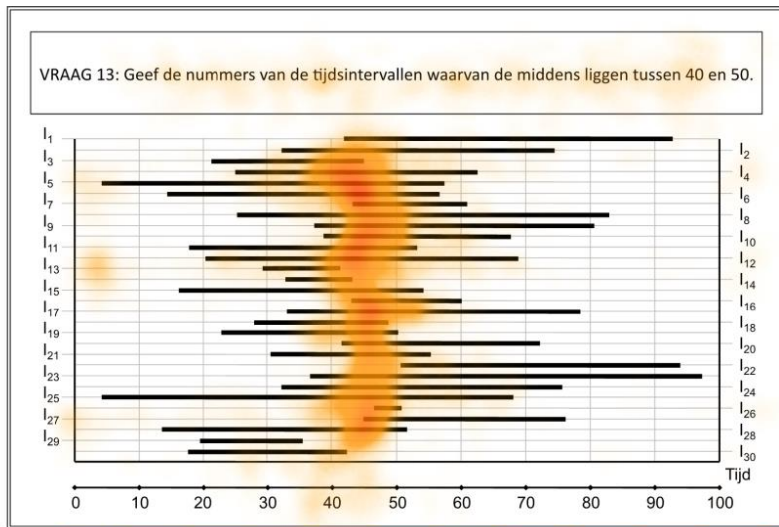
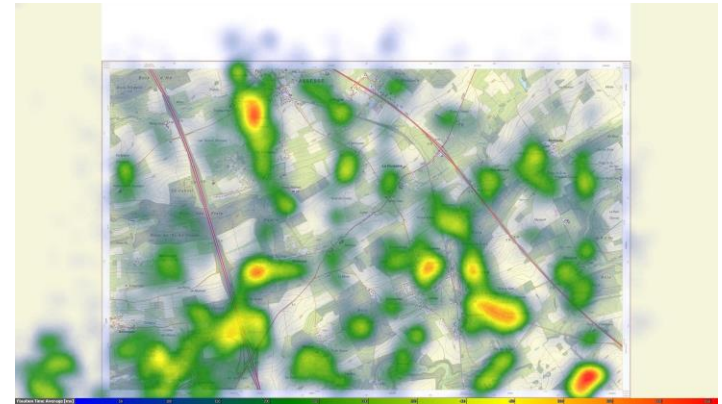
# ANALYSES

- Measurements → Metrics → Results → Conclusion
  - Qualitative analysis
    - 'Scanpaths'
    - Heatmaps – Attention maps
    - Other visualization techniques
    - !Overplotting → aggregation/clustering necessary



# ANALYSES

- Measurements → Metrics → Results → Conclusion
  - Qualitative analysis
    - Heatmaps



# ANALY



(a)



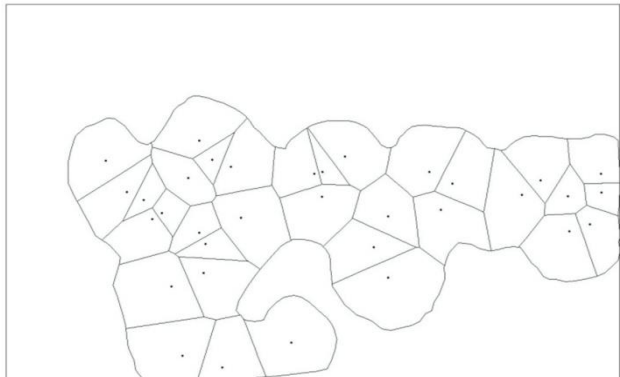
(b)



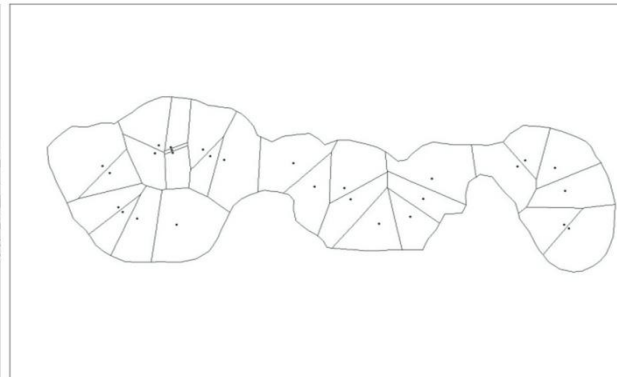
(c)



(d)



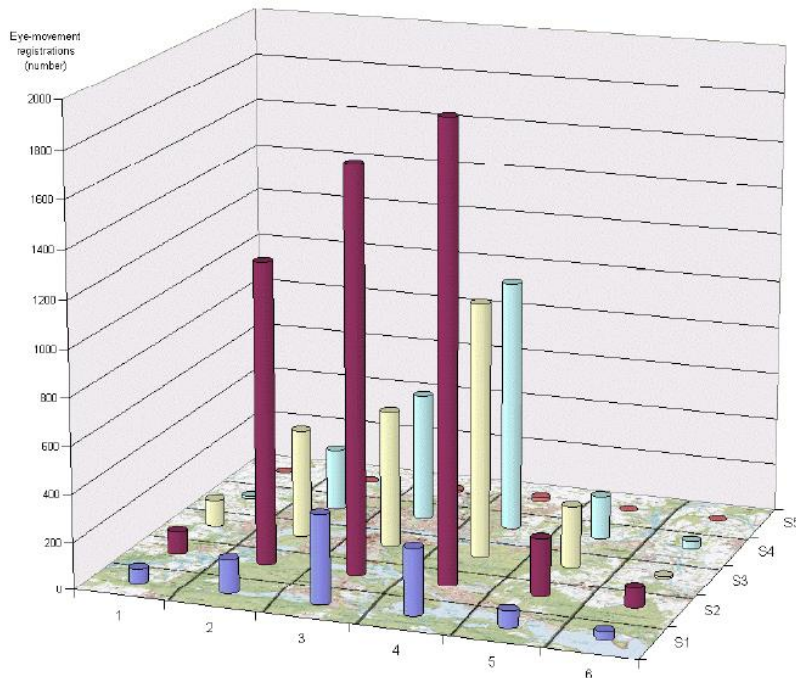
(e)



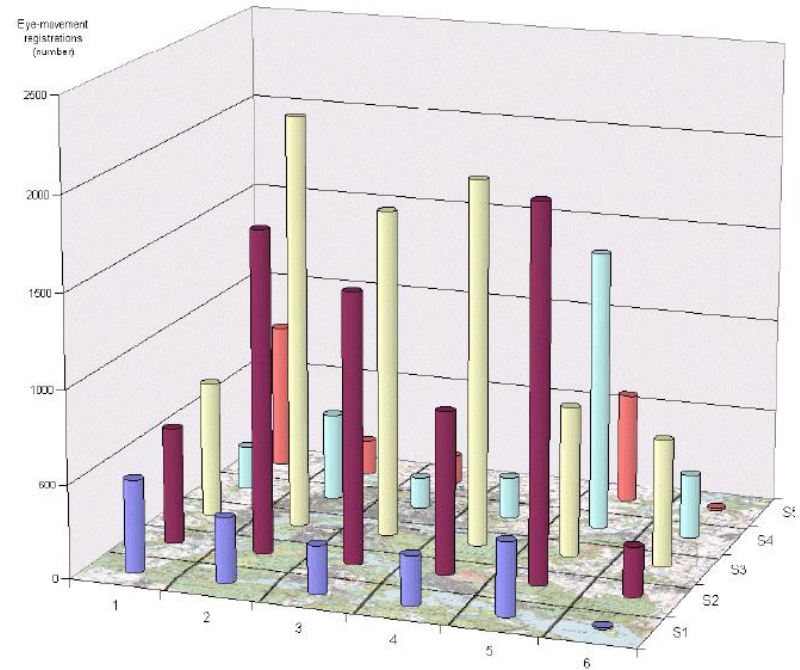
(f)

# EXAMPLE

## ■ National Survey and Cadastre – Denmark

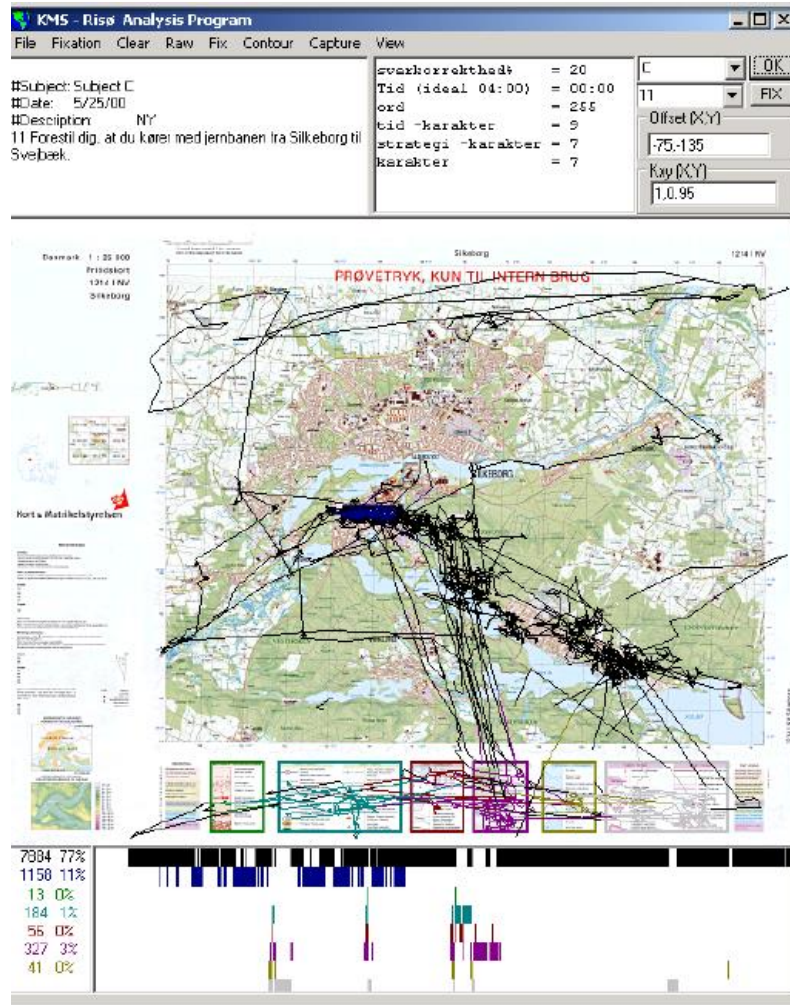


*Dwell dispersion: Question 3 –  
"Point out a meadow on the map"*

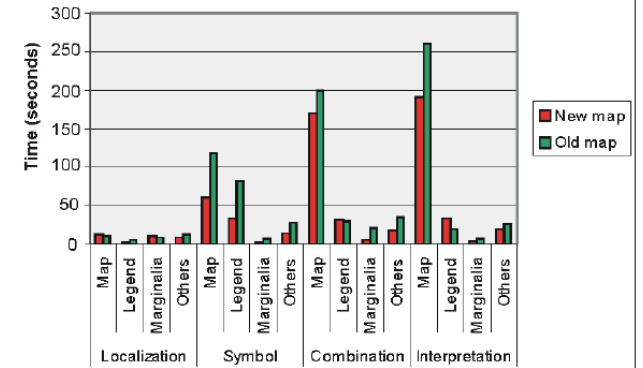


*Dwell dispersion: Question 10 – "If you had to move to Silkeborg, where would you like to live?"*

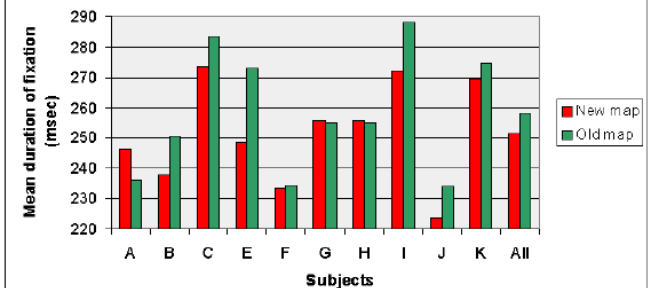
# EXAMPLE



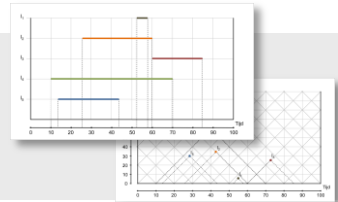
**Time spend on map face, legend and marginalia**  
per question category  
(average per subject per question)



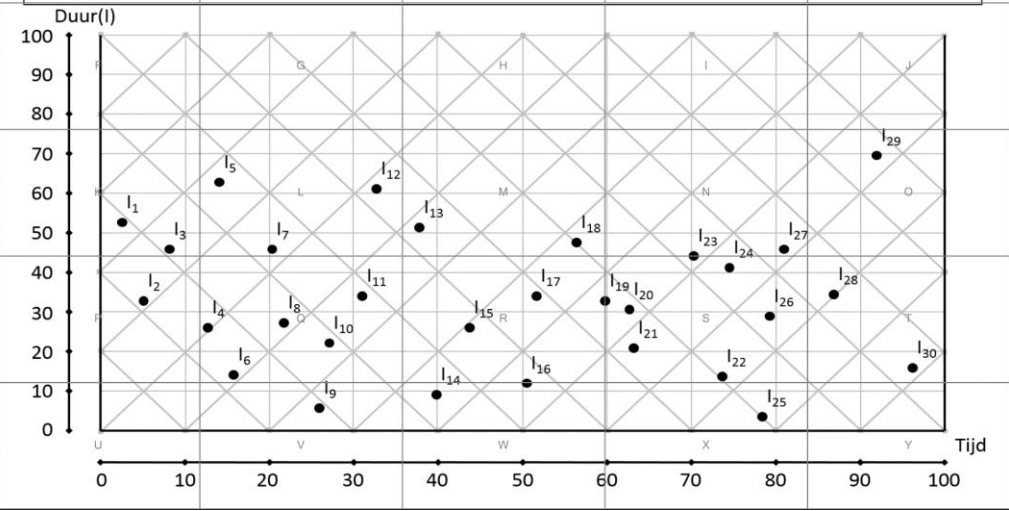
**Mean duration of fixations**  
all questions



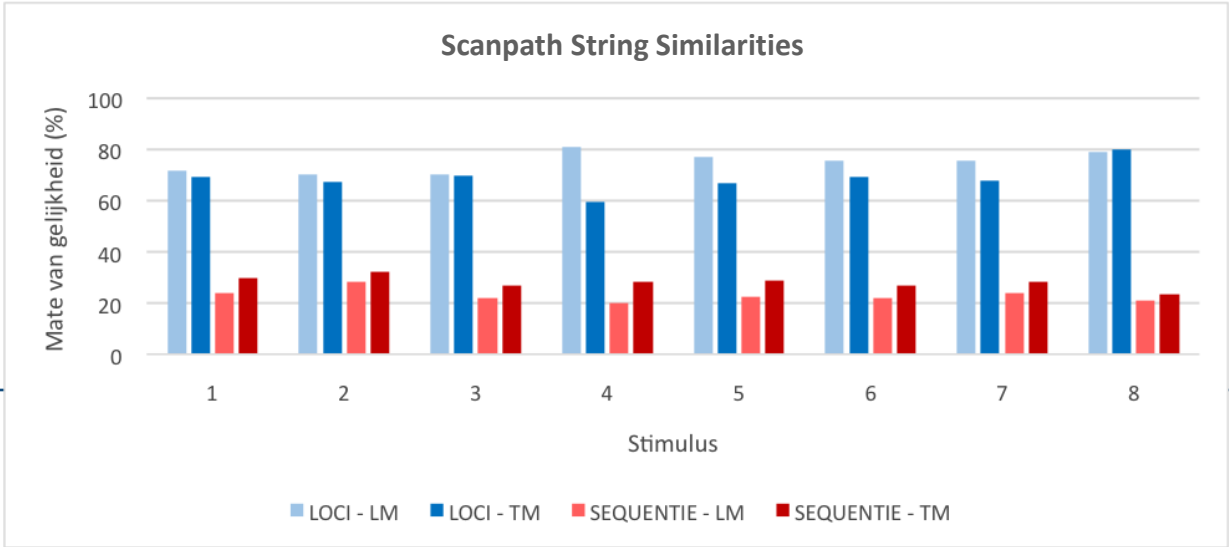
# EXAMPLE



VRAAG 2: Geef de nummers van de tijdsintervallen waarvan de middens liggen tussen 60 en 70.



| Part. | Gender | SCANPAD STRING  |
|-------|--------|---|
| P01   | M      | MMBACCEDECCCCDDEEBBDBCBCDEDEDE<br>EDDSWWRSSSSSSSSSSSSSSNSRWSSSSS<br>SSSWWSSMNSSDEEDCCDDDEFDRSXWS                                      |
| P02   | F      | MLAABBBCCDDDDDDDEEDDDWWXSSR<br>RRSSSSSSSWCDEEXWSXSSWSSSSSSS<br>WSSSSSSNSRDEBDRSSSSSNSSRRM<br>MLRRNSSWXXXWXDDEWSSSSSSNSNSS<br>SWNSSSSS |
| P03   | M      | MMHBABBCDDCCDERWSSSSSXIDEBBBBC<br>CCDDDEESSXXRSSSSSSSXDESRRWSSS<br>SNSSSSSSSD   |
| P05   | F      | MMLBCCCCDDDEENXXWSSSSSSSSSXW<br>RCDDCBCBRSSRSRWWRMRLIRRWWR  |
| P06   | F      | MMBBABBCDDDEEDEDEWSSSSSSSXW<br>SRSSSSWSSSSXWSSWN  |



# EXAMPLE

## Output Mobile Eye Tracker

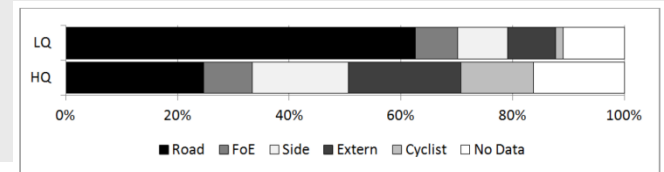


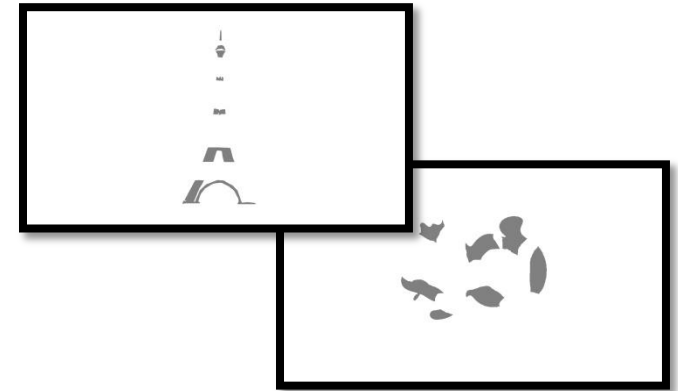
Figure 3 : Sum of percentages of gaze towards road, Focus of Expansion, side and external and the percentage of gaze that was missing or unclear for low quality and high quality bicycle track.

# ... DEMO ...

## ■ Study Gestalt?

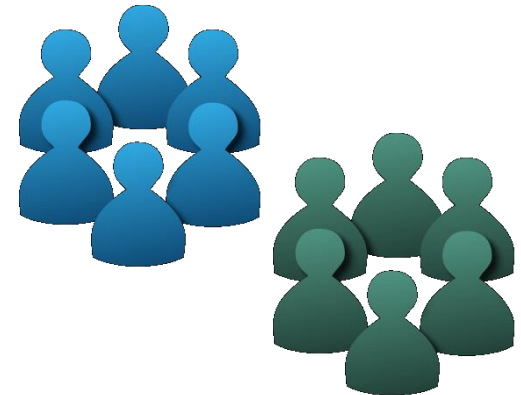
### ■ Within user:

Stimulus 1  
vs.  
Stimulus 2



### ■ Between user:

Original participants  
vs.  
Workshop participants



# ISSUES WITH EYE TRACKING

## ■ Technical problems...

- In the past:
  - Inaccurate – intrusive
  - Time consuming – expensive
- Noise infra-red → sunlight
  - Especially mobile systems
  - Preferable indoor
- Mobile systems
  - Calibration vs. varying fixation distances
  - Parallax
- Still some problems with minority of participants (10-20%)

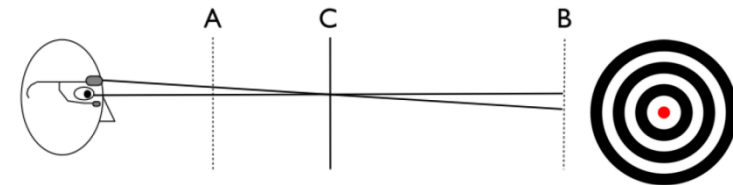
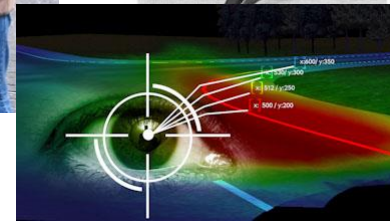
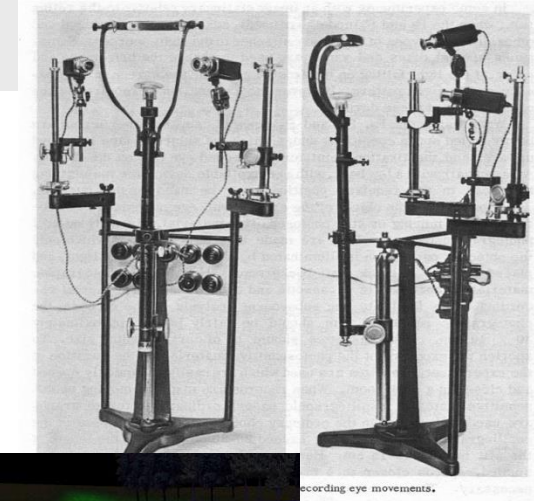


Figure 1 : Illustration of parallax effect (Left; Figure from Evans et al. 2012), and an example of a calibration target that could be used to measure accuracy (Right).

# ISSUES WITH EYE TRACKING

## ▪ Data extraction

- A huge amount of raw data

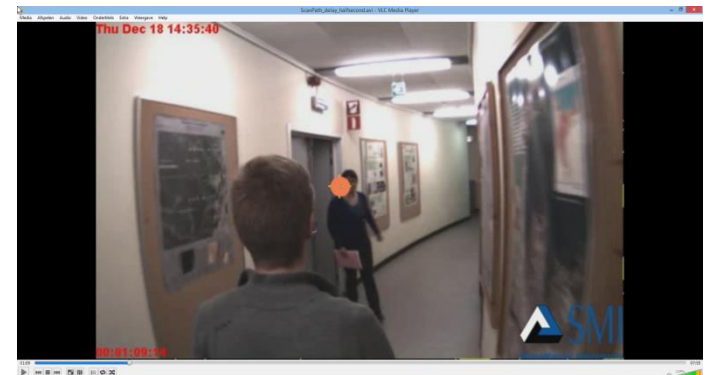
- Fixations & saccades

- No standard dispersion
- No standard time threshold
- Some algorithms: based on saccades

→ *Mostly not mentioned when reporting experiments*

- What was a user looking at?

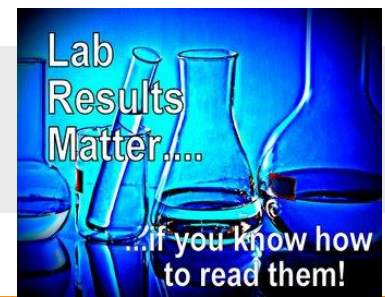
- Videos
- Dynamic stimuli
- Interactive stimuli



# ISSUES WITH EYE TRACKING

## ■ Data interpretation

- Location of fixations vs. attention?
- Fixation metrics: what do they mean
  - E.g.: longer fixations
    - more difficult to interpret
    - interesting to look at
  - E.g.: more fixations
    - = attention is attracted to it because...
      - of its beauty
      - of its ugliness
- Solution: combine multiple methods



We would put a picture here,  
**distract** your **ATTENTION** BUT it would just



# REQUESTS AUDIENCE?





# DESIGNING AND CONDUCTING USER STUDIES

What is behind your  
eyes holds more  
power than what is  
in front of them.

Gary Zukav

*MODULE 4:*

*When and how to apply Eye Tracking*

